



Hello Everyone !
 Welcome to the quarterly T.P.M. newsletter!
 Please Visit: tpmmartialarts.com. Contact Master Arun at
tpmmartialarts@gmail.com Please forward this newsletter to family, and friends.
 Thank you!

T.P.M. News

On Nov. 19, 2023 TPM students attended a special class tributed to Grandmaster Richard Chun, a true pioneer of Taekwondo. The event started with a tribute to whom GM Chun was. Participants took part in Traditional Taekwondo training as GM Chun taught his students. The event concluded with GM Doug Cook (President of the USTA), USTA Affiliate School owners and others sharing their most fond memories of GM Chun. The event was truly inspiring and uplifting. One could feel that GM Chun was with us.

Interesting Korean into English translations

Mi-gook (America)
 Mi (beautiful)
 gook (country)
 There for, in Korean – America means beautiful country. (Ref. South Korea 101: The Culture, Etiquette, Rules and Customs, page 2 by Mancho Soto)

Hanguk (South Korea)
 Hanguk is short for Daehan Minguk which means “Country of the Great Han People” (unrelated to the Han people of China). (Ref. The Korea Times-By Michael Breen)
 Han – is often described as “an internalized feeling of deep sorrow, resentment, grief, regret and anger”, that is felt by all Koreans. (Ref. Google search: What does han mean in Korean?)

Welcome to new students

Welcome Casie and Nicole!

T.P.M. Offers 1 FREE! Trial Class

Try a FREE Taekwondo class today. You can only gain by trying a class. Contact: Master Arun

T.P.M. Merchandise (in Season)

T.P.M. Sweat shirt hooded \$35,00/In stock only \$20
 T.P.M. Sweat shirt crew neck \$25,00

T.P.M. News

HOONLYUN: The Journal of the United States Taekwondo Alliance, Volume VI, Number 1, November 15, 2023. This edition includes a book review by Michele Radakovits, 3rd Dan Taekwondo, of Traditional Taekwondo: The Link Between The Past, Present and Future by Master Arun Salgunan. (for copy’s of HOONLYUN contact: info@chosunkd.com)

Happy New Year! Everyone

May your new year be filled with luck and good fortune. May there be peace on Earth. Hence the five Taekwondo tenants of Courtesy, Integrity, Perseverance, Self-control and Indomitable spirit.
 Sincerely,
 Arun Salgunan

T.P.M. Upcoming event

Taekwondo History Presentation

Join Grandmaster Cook for a presentation on the history of Taekwondo.
 Date: Saturday, January 27, 2024
 Time: 6:00 PM – 8:00 PM
 Location: Chosun Taekwondo Academy
 60 Galloway Road Unit 2
 Warwick, NY 10990
 Contact: 1-845-986-2288
 Advance Registration Required
 Space Limited/Reserve Early
 Register At: info@chosunkd.com /No Charge
 TPM students sign up at TPM

Belt testing news

On Nov.9, 2023 TPM ages 4&5 belt tested.
 On Nov. 11, 2023 ages 6-adult belt tested.
 On Nov.12, 2023 Arun Salgunan belt tested.
 Congratulations to all belt promoted students!

Master Arun, new book: Traditional Taekwondo:

The Link Between The Past, Present and Future
 Published and available on Amazon